



# Newsletter

Friday 26th June



## Headteacher Awards

### Awarded Friday 19th June

#### Reception Class

In Reception Class Henry received an award last week for great progress with his Writing. Huge well done Henry!

Lowenna received an award for great work on her number bonds to 10. She can recall lots of the facts and quite speedily. Great work Lowenna!

#### Year 1

Brooklynn - Trying really hard in her arithmetic and reasoning maths papers on maths.co.uk

Alex - Thinking carefully about different denominations of coins and adding them together in maths.

#### Year 2

A huge well done to Year 2 for receiving this week's Whole Class Award! They were amazing during their SATs and showed fantastic behaviour and attitude on their school trip to Wheal Martyn. We are so proud of you all, keep up the brilliant work!

#### Year 3

Headteacher awards last week went to Harry, Holly and Tommy. In Art, we are making our version of an Egyptian scroll. Harry practiced the designs in his Art book in detail and then produced a final drawing on his papyrus paper. It was very neat and colourful. Well done Harry! Congratulations to Holly who persevered in Comprehension when she found things tricky showing great resilience and finally Tommy, who is always a fantastic role model for Year 3 always being so helpful around the classroom and looking after the book order, keeping it neat and tidy. Well done Tommy!

#### Year 4

Year 4 have been absolutely fantastic during their swimming sessions so far. From the very beginning, their enthusiasm, determination and willingness to try new skills have truly stood out. They have shown great progress in building their confidence in the water, with many pupils improving their technique, stamina and overall ability. Their positive attitudes, teamwork and encouragement of one another have made each session enjoyable and productive.

#### Year 5

Whole Class for brilliant collaboration in PE, working together, supporting and encouraging each other.

#### Year 6

Well done to Chase, Roxette and James for having a lovely week in school. They have been helpful in the classes and around the school. Well done!

# Attendance



Reception	92.41%
Year 1	95.09%
Year 2	90%
Year 3	90%
Year 4	93.14%
Year 5	<b>96.09%</b>
Year 6	90%



## DATES FOR YOUR DIARY

DATE	EVENT	
Wednesday 1st July	Sports Day	KS2 AM <b>KS1 PM</b>
Monday 6th July	Ocarina Club	HFC Performance
Monday 13th July	Reception Class	Aquarium
Tuesday 14th July	Rocksteady Showcase	School Hall
Wednesday 15th—19th July	Year 3 Camp	Porthpean
Monday 20th July	School Reports	Whole School
Thursday 23rd July	END OF TERM	Whole School

# Sports Day



Sports Day will be on **Wednesday 1st July**

## **KS2-**

Years 3 & 4: 9am –**10.30am**

Year 5 & 6: 10.30am—**12pm**

## **KS1-**

(Reception, Year 1 & Year 2): **1:00pm – 3:00pm**

Our back up day for Sports Day should we need to cancel for the weather is **Wednesday 8th July.**

On the day, we will be selling refreshments including tea, coffee, juice and biscuits, and there will also be a raffle.

Please note that all purchases will be **cash only.**

We will keep you informed of any changes which may happen nearer to the time.



**No  
parking**

## **Important Parking Reminder**

We have recently received a number of complaints from members of the public regarding parking outside the school. Vehicles are beginning to block surrounding roads, causing disruption and raising concerns that emergency services may be unable to access the area if needed.

We kindly ask that, where possible, you park at the Football Club and walk your child to school. If you live locally, we also encourage you to walk to school where you can.

Thank you for your understanding and support in helping to keep our community safe.

## **If Your Child Is Absent From School**

It is very important that you contact the school each day that your child is absent. Please ensure you get in touch with the school by 8:30am each morning.

You can contact us by emailing or by telephone.



01726 890323



reception@roche.tpacademytrust.org



Year 2 have been exploring the woodland habitat during their visit to Wheal Martyn.

They searched for minibeasts and discussed why the woodland provides an ideal environment for them to live and thrive. The children also explored food chains, considering which animals might eat the minibeasts they found and what those minibeasts might feed on themselves.





## Year 6 – Important Dates

Monday 6th July	Peter Pan Tickets On sale X2 per family per night. Extra tickets maybe available
Tuesday 7th July	SATs Results & Transition day to Secondary School
Tuesday 14th July	Rocksteady Concert
Monday 20th July	School Reports
Monday 20th & Tuesday 21st July	Peter Pan Production
Thursday 23rd July	Year 6 Leavers Assembly & Last day at Roche School



Summer 1 Phonics Group	Videos:
Group C + Ditty - Mrs Garratt/Miss Tonkin	y- <a href="https://schools.ruthmiskin.com/training/view/7amvNRHU/cqCCNaFH">https://schools.ruthmiskin.com/training/view/7amvNRHU/cqCCNaFH</a> z- <a href="https://schools.ruthmiskin.com/training/view/xJA1DWQW/6zYhjCZR">https://schools.ruthmiskin.com/training/view/xJA1DWQW/6zYhjCZR</a> sh- <a href="https://schools.ruthmiskin.com/training/view/EIRfjwfb/86sA1Y5B">https://schools.ruthmiskin.com/training/view/EIRfjwfb/86sA1Y5B</a> Set 1 Speed Minutes - Special Friends (1) <a href="https://schools.ruthmiskin.com/training/view/VC636bqE/u2FZRXXv">https://schools.ruthmiskin.com/training/view/VC636bqE/u2FZRXXv</a> Word Time with Elly 1.6 (sh) (1) <a href="https://schools.ruthmiskin.com/training/view/UjxTvsEV/JPj3HGz9">https://schools.ruthmiskin.com/training/view/UjxTvsEV/JPj3HGz9</a>
Red Group- Mrs Kent	Set 1 Speed Minutes - Special Friends (1) <a href="https://schools.ruthmiskin.com/training/view/VC636bqE/u2FZRXXv">https://schools.ruthmiskin.com/training/view/VC636bqE/u2FZRXXv</a> ch- <a href="https://schools.ruthmiskin.com/training/view/PLO7kQM8/PmPx0TLL">https://schools.ruthmiskin.com/training/view/PLO7kQM8/PmPx0TLL</a> sh- <a href="https://schools.ruthmiskin.com/training/view/EIRfjwfb/86sA1Y5B">https://schools.ruthmiskin.com/training/view/EIRfjwfb/86sA1Y5B</a> Red words- <a href="https://schools.ruthmiskin.com/training/view/EhQ3zqqL/KGloPeyF">https://schools.ruthmiskin.com/training/view/EhQ3zqqL/KGloPeyF</a> Word Time with Elly 1.6 (ch) (5)- <a href="https://schools.ruthmiskin.com/training/view/YwcqUWHC/EBa3mGHL">https://schools.ruthmiskin.com/training/view/YwcqUWHC/EBa3mGHL</a>
Green Group - Mrs Little	SUWR - Six fish- <a href="https://schools.ruthmiskin.com/training/view/tlkv0HmP/EXZwMxHp">https://schools.ruthmiskin.com/training/view/tlkv0HmP/EXZwMxHp</a> ay- <a href="https://schools.ruthmiskin.com/training/view/2IGtO16J/ZdsFbjxE">https://schools.ruthmiskin.com/training/view/2IGtO16J/ZdsFbjxE</a> ee- <a href="https://schools.ruthmiskin.com/training/view/jwstJOaF/C9Pny600">https://schools.ruthmiskin.com/training/view/jwstJOaF/C9Pny600</a> oy- <a href="https://schools.ruthmiskin.com/training/view/OOzXebXI/18MVCMLx">https://schools.ruthmiskin.com/training/view/OOzXebXI/18MVCMLx</a>
Mrs Hill	<a href="https://schools.ruthmiskin.com/training/view/xzSPkfl7/C3BPx9A4">https://schools.ruthmiskin.com/training/view/xzSPkfl7/C3BPx9A4</a> <a href="https://schools.ruthmiskin.com/training/view/mKqS4yHT/6KoRWK0a">https://schools.ruthmiskin.com/training/view/mKqS4yHT/6KoRWK0a</a> <a href="https://schools.ruthmiskin.com/training/view/ayl7oOCn/IL90HexQ">https://schools.ruthmiskin.com/training/view/ayl7oOCn/IL90HexQ</a>
Mrs Birch Pink	<a href="https://schools.ruthmiskin.com/training/view/Zx6ZK5ou/okRSubTr">https://schools.ruthmiskin.com/training/view/Zx6ZK5ou/okRSubTr</a> <a href="https://schools.ruthmiskin.com/training/view/RyYaoKi8/gcWt7EuL">https://schools.ruthmiskin.com/training/view/RyYaoKi8/gcWt7EuL</a> <a href="https://schools.ruthmiskin.com/training/view/m4TJ1LUH/e56U4GOu">https://schools.ruthmiskin.com/training/view/m4TJ1LUH/e56U4GOu</a>
Mrs Gardner Orange	<a href="https://schools.ruthmiskin.com/training/view/WNHHKQn3/vucwNFbj">https://schools.ruthmiskin.com/training/view/WNHHKQn3/vucwNFbj</a> <a href="https://schools.ruthmiskin.com/training/view/drdygwG2/owYk3ph4">https://schools.ruthmiskin.com/training/view/drdygwG2/owYk3ph4</a> <a href="https://schools.ruthmiskin.com/training/view/5tlnKR38/EQTtMcuG">https://schools.ruthmiskin.com/training/view/5tlnKR38/EQTtMcuG</a>
Mrs Davis Yellow	<a href="https://schools.ruthmiskin.com/training/view/rB4AbQht/S09if1uO">https://schools.ruthmiskin.com/training/view/rB4AbQht/S09if1uO</a> <a href="https://schools.ruthmiskin.com/training/view/94zdKaMN/Zem8gnsS">https://schools.ruthmiskin.com/training/view/94zdKaMN/Zem8gnsS</a> <a href="https://schools.ruthmiskin.com/training/view/iEJK8F4R/0RtgVScU">https://schools.ruthmiskin.com/training/view/iEJK8F4R/0RtgVScU</a>

Price & Buckland  
SCHOOLWEAR SINCE 1959

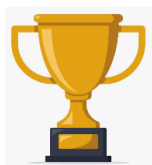
ORDER CUT OFF DATE

From Price and Buckland:

To help us ensure all pupils are in uniform for the first day of school, we would like to ask parents that are wanting delivery before the start of the new school year to place their orders before 1st August to be delivered to home and the 28th June for free delivery to school.

This will help us to provide your parents with the best possible service.

<https://www.pbuniform-online.co.uk/schools/roche-primary-school.html>



Class Cups  
To be returned by  
Monday 13th July  
Thank you



Monday 13th July  
Last week of Clubs

SUMMER  
TIME2MOVE  
HOLIDAY CLUBS



DT  
COACHING SERVICES

FOR AGES  
5 - 16 YEARS

### HOW TO BOOK?

Bookings can be made via **Playwaze** or by visiting the DT Coaching website: [www.dtcoaching.co.uk](http://www.dtcoaching.co.uk). Please contact us for further details or for help booking:

Email: [clubs@dtcoaching.co.uk](mailto:clubs@dtcoaching.co.uk)

Phone: 01872 306730

ROCHE PRIMARY  
SCHOOL

10am - 2pm

Wraparound hours from 9am - 3pm also available

Thursday 6<sup>th</sup> & Friday 7<sup>th</sup> August 2026  
Thursday 13<sup>th</sup> & Friday 14<sup>th</sup> August 2026  
Thursday 20<sup>th</sup> & Friday 21<sup>st</sup> August 2026

Across the sessions we will be running an array of fun, summer themed sports and games, as well as a number of our alternative activities such as, Laser Tag, Nerf Games, Kin Ball, Ultimate Frisbee and Silent Disco.

Only £25.00  
per session!

with multi-booking discounts available

Funded for those eligible for  
Free School Meals, with a hot lunch included!



# 10 WAYS GAMING CAN SUPPORT POSITIVE OUTCOMES in Children and Young People

Gaming, of course, is phenomenally popular with children and young people. In 2021, for instance, more than three-quarters of teenagers played online games, with almost 70% of primary school aged children doing likewise. If enjoyed in moderation and supported by a healthy routine (staying hydrated, good sleep habits, taking breaks and so on), gaming can actually benefit a person's mental health. As long as we stay alert for potential risks, games can be much more than what we see on the surface: they can be a way to socialise, an avenue for creativity and a route to solving problems. Check out our top ten tips on how gaming online can sometimes work to your child's advantage ...

## THE FEEL-GOOD FACTOR

Gaming is so popular because at the base level, it's enjoyable for the player. Succeeding in any game or contest releases dopamine in our brains: the 'feel-good' chemical that makes us happy or excited. Those emotions can be incredibly beneficial for mental wellbeing – as long as young players don't become reliant solely on playing video games to make themselves feel happy.

## ACHIEVEMENT & PRIDE

A sense of achievement is incredibly important to all of us and can be particularly valuable to someone who's feeling unhappy or distracted. It's easy to get caught up in our thoughts, which can sometimes take a negative turn. So even achieving something small – like finishing a difficult level in a Mario or Sonic game – can feel like conquering Everest and give us renewed optimism.

## SOCIAL SALVATION

Gaming can be an incredibly social activity. When playing online with trusted friends, what usually start out as chats specifically about the game can often develop into conversations about school and life. Even if they've had a bad day, simply knowing that a friend is there, on the other end of their headset, can provide young gamers with a sense of security and some welcome laughs.

## TEAMWORK MAKES THE DREAM WORK

In many online games, teamwork is crucial to winning. Often, people who are struggling with their mood tend to feel like they fail or let others down a lot. Working as a team with trusted friends or family in a game can reinforce a young person's self-importance: striving for a common goal and succeeding together can remind them that they're an integral part of something bigger.

## REAL-WORLD RELATABILITY

Because many major releases are shooting or action games, when some people hear "gaming" they think of guns, explosions and violence. What's less recognised is how many titles explore relatable issues such as overcoming anxiety or coping with grief. These games allow young players to understand their emotions more deeply and realise they aren't alone in how they might be feeling.

## A DIGITAL COMFORT

Video games can provide a reliable constant. No matter what happens in school or between friends, playing a favourite game is something that youngsters can look forward to all day and can help them de-stress. Let's not forget, games are fun – and, when approached safely, an interactive activity in which the player has a degree of control over what happens next can feel immensely reassuring.

## PROBLEM-SOLVING PRACTICE

It can be difficult for young people to handle the feeling that nothing is going right or that their problems are insurmountable. Gaming can help alleviate that by presenting challenges to be overcome, either solo or alongside trusted friends. Defeating a powerful monster or solving a tricky puzzle reminds young gamers that even the most daunting obstacles can be faced and conquered.

## THE GREAT ESCAPISM

A certain amount of escapism is fabulous – allowing us to temporarily park some stress while exploring a world other than our own. For children, gaming can be like reading a novel or watching a film: a moment in the day when the fantastical becomes real, firing their imagination and immersing them in a story. Who wouldn't want to venture to the stars? Or battle monsters to save the planet?

## TRIED & TRUSTED

There can be reassurance in repeating tasks. It often promotes a controlled outcome, which is ideal when life feels overwhelming or out of control. Replicating an experience, such as playing the same level of a game over and over to perfection, gives the player a sense of control and familiarity: it's like listening to a favourite song that always makes you feel happy or confident.

## ENCOURAGING CREATIVITY

Inventiveness is a huge part of many modern games: in Minecraft and Roblox, for example, players regularly dream up amazing structures or new ways to play. Using our imagination to create something (whether digitally or physically) is massively beneficial for the brain; that's why Lego is sometimes used in the medical sector as both a stress reliever and a brain injury rehabilitation tool.

## Meet Our Expert

Daniel Lipscombe is a writer who specialises in technology, video gaming, virtual reality and Web3. Author of 15 guidebooks for children on games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft, his work has also been published in the likes of PC Gamer, Kotaku, Pocket Gamer and VG247.



National Online Safety®

#WakeUpWednesday

Source: <https://www.ofcom.gov.uk/consult/condocs/childrens-media-use-and-attitudes-report-2022.pdf>



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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