

Roche CP School's Personal Development Programme



2025-2026

Key

SMSC – Social Moral Spiritual Cultural Education

RSHE – Relationships Sex Health Education

RHE – Relationships Health Education

PSHE – Personal, Social, Health, Economic Education

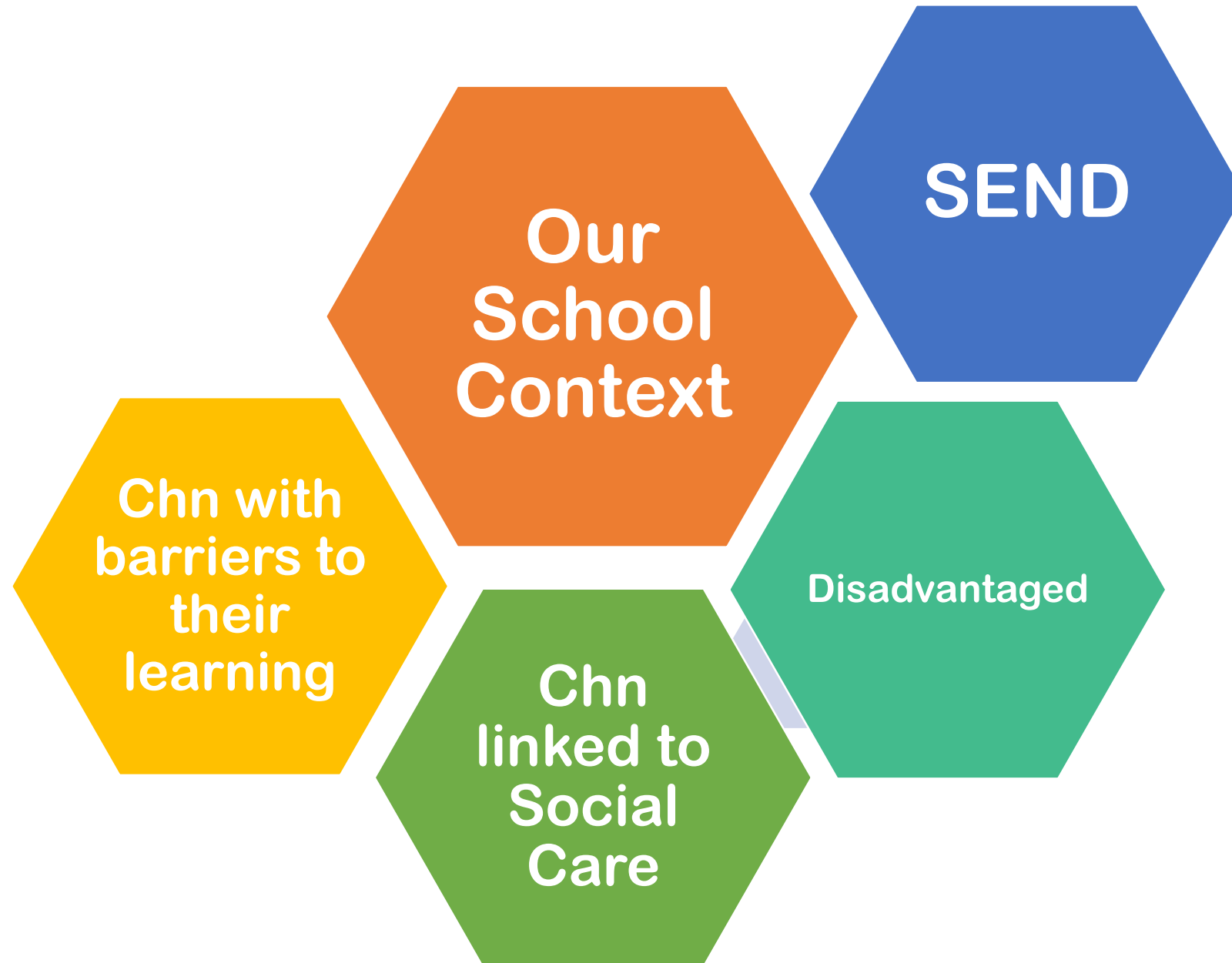


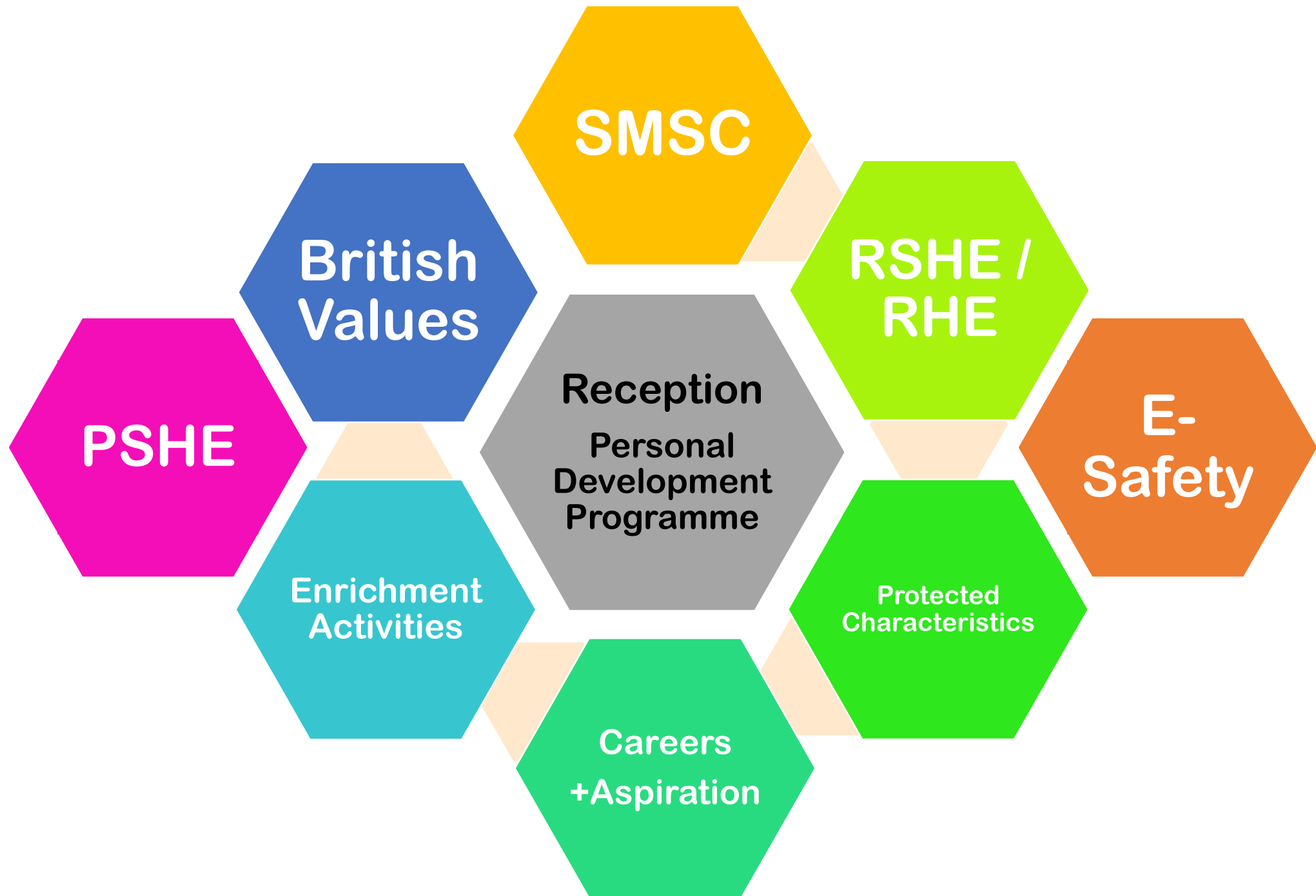
Our School Rules are...

Rules for Life

- ✓ Show good manners at all times.
- ✓ Follow instructions with thought and care.
- ✓ Care for everyone and everything.

Our Personal Development Programme is an entitlement for every pupil.





**Year
R**
Personal
Development
Programme

E-Safety

AUT 1

AUT 2

SPR 2

SPR 1
E-Safety
Appropriate
tablet use –
Sensible
amount of
screen time

SUM 2

SUM 1

Year R

Personal Development Programme

Enrichment Activities

AUT 1

All about me bags

Walk around the school

Walk around the village

Bring in baby photos

Self-portrait display

Healthy eating workshop

AUT 2

Santa Fun Run
Christingle service in the church
Late Night Shopping
Bodmin train ride to meet Santa. Christmas Performance

Autumn walk

Eden Project Trip

Birthday party role play

Geography stand-alone week- 'Plane Journey' to contrasting environments

SPR 1

Bring in favourite toys from home

Look at old toys (Museum topic box)

Make our own toy creation

SPR 2

WBD
Science SLD
Bed Time Story
Easter Church visit
Police station/Fire station/Vets/Doctors role plays

Visits from people who help us e.g., police officer, fire fighter, vet, nurse etc...

SUM 2

Trip to the Beach and Aquarium

SUM 1

Caterpillars in the classroom!

Visit from Zoo Lab!

Minibeast hunt in the meadow

Trip to Newquay Zoo

History stand-alone week (The King)

Geography stand-alone week (Handa's Surprise)

**Year
R**

**Personal
Development
Programme**

SMSC

AUT 1

Recycling Week
activity hour
(BIFA/St Dennis
incinerator)

Harvest Festival
(collecting for
Foodbank)

AUT 2

Late Night Shopping
event

Children in Need

Anti Bullying Week

Christingle

SPR 1

World Religion
Day assembly

SPR 2

St Piran's Day
assembly

Comic Relief

RNLI Assembly

SUM 2

Sports Day

SUM 1

Year R

Personal
Development
Programme



AUT 1

All about me- health and
self care, emotions,
building friendships

*Unit F1: Why is the word
'God' special to Christians?*

AUT 2

*Unit F2: Why is
Christmas
special for
Christians?*

Hinduism and
Diwali

RSHE / RHE

SPR 1

*Unit F4: Being
special: where
do we belong?*

SPR 2

*Unit F3: Why is
Easter special
for Christians?*

Good Friday =
3rd April 2026

SUM 2

*Unit F6: Which
stories are
special and
why?*

SUM 1

*Unit F5: Which
places are special
and why?*

Year R

Personal
Development
Programme

PSHE

AUT 1

Hello Yellow Day for
MHAW

All about me

- regular physical activity
- healthy eating
- tooth brushing

Explain the reasons for rules, know right from wrong and try to behave accordingly.
-school rules

AUT 2

Anti-bullying
week

Festivals and
Celebrations

SPR 1

-E-safety

Know and talk about the different factors that support their overall health

and wellbeing:

- sensible amounts of 'screen time'
- having a good sleep routine

SPR 2

People Who Help Us

- being a safe pedestrian
- road safety

- beach safety
- crossing the road

SUM 2

Sun Safety/
Beach safety

SUM 1

Looking after the
Environment

Year R

Personal Development Programme

Protected Characteristics

age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, and sexual orientation.

SPR 2
People who help us-
Boys and girls can do the same activities

SPR 1
World Religion Day assembly

AUT 1

BHM assembly

All about me-

- Everyone is special and unique
- Respecting differences: family, appearance, culture, abilities
- Using kind words, sharing, and taking turns

AUT 2
Festivals and celebrations-
Different cultures, religions, and abilities

SUM 2
Martin Holmes Assembly

SUM 1

Year R

Personal Development Programme

British Values

AUT 1

School Council Rules for Life and Behaviour Policy

Rule of Law: Understanding classroom/school rules like “kind hands” and “walking indoors safely.”

AUT 2

Remembrance Day
Tolerance of Different Faiths and Beliefs: Learning about a range of festivals such as Christmas and Diwali, recognising that people may celebrate in different ways or not at all.

SPR 1

SPR 2

Rule of Law: Understanding that police help keep people safe and rules protect everyone.

SUM 2

Rule of Law: Learning beach safety rules

SUM 1

E-scooters assembly from the police
Book voting station
Rule of Law: (Minibeasts-Learning gentle handling when observing living things)

**Year
R**
Personal
Development
Programme

**Careers
+ Aspiration**

AUT 1
Cup assembly+ HT cert

AUT 2
Spaceport Cornwall
assembly
International
volunteer day
assembly
Cup assembly+ HT cert

SPR 2
Science Week
Cup assembly+ HT cert

SPR 1
Visits from people who
help us e.g., police
officer, fire fighter, vet,
nurse etc...
Cup assembly+ HT cert

SUM 2
Armed Forces Day
Assembly
Cup assembly+ HT cert

SUM 1
Cup assembly+ HT cert