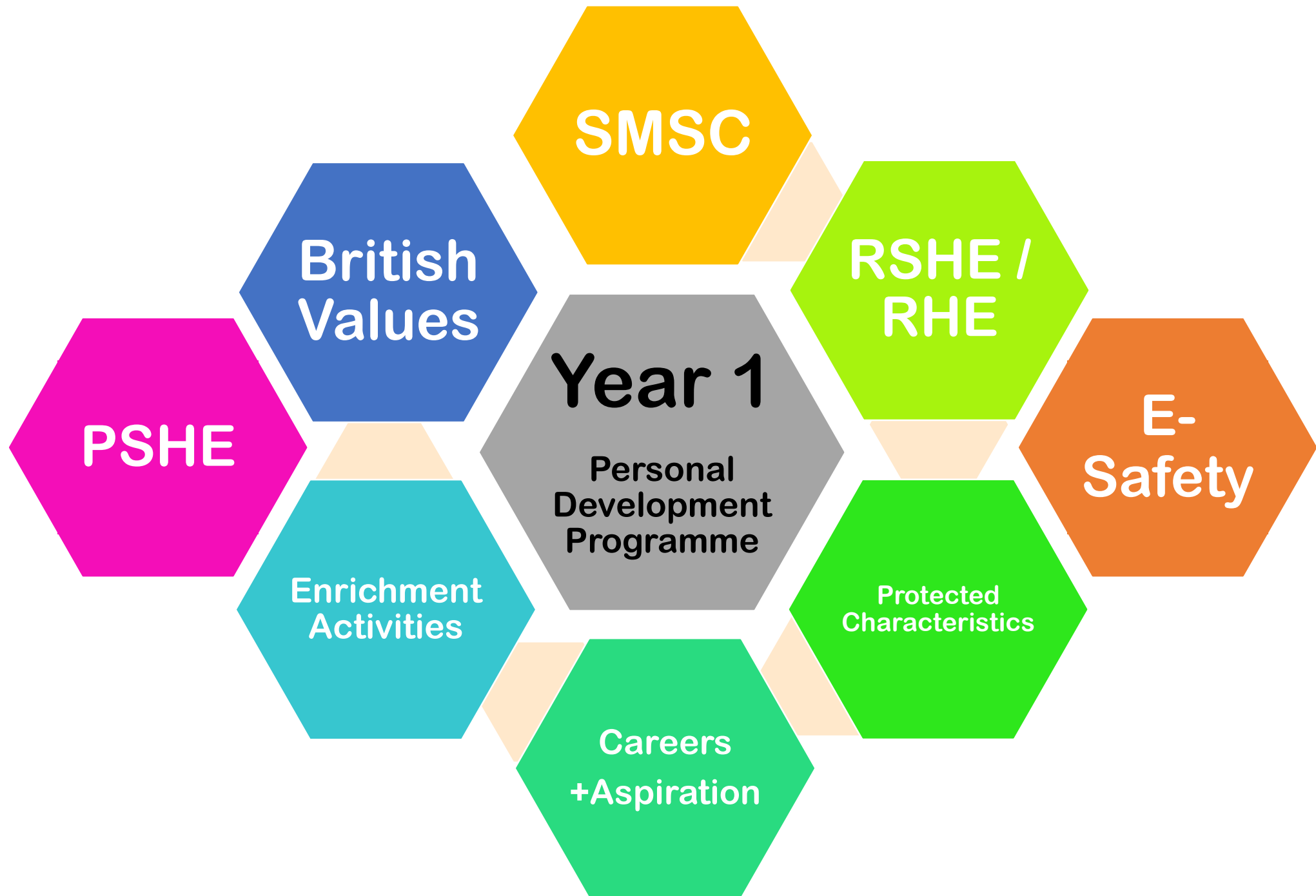


# Roche CP School's Personal Development Programme



**2025-2026**



# Year 1

Personal  
Development  
Programme

## E-Safety

Natterhub

### AUT 1

Feel It: Lesson 1 -  
Villains in Our Fairy  
Tales

Balance It: Lesson 1  
- Rockin' Rules

### AUT 2

Chat It: Lesson  
1 - My Online  
Avatar

Question It:  
Lesson 1 -  
Internet Quest

### SPR 1

Think It:  
Lesson 1 -  
Goodies and  
Baddies

Mind It:  
Lesson 1 -  
My Online  
Profile

### SPR 2

Secure It: Lesson  
2 - Why I Should  
Check Before I  
Share  
Learn It:  
Lesson 1 - My  
Wonderful Work

### SUM 2

Chat It: Lesson  
3 - Online  
Communication  
vs Face-to-Face  
Communication  
Question It:  
Lesson 3 -  
Super  
Searchers

### SUM 1

Feel It: Lesson 2 -  
Be Kind and  
Caring  
Balance It: Lesson  
2 - Sensible  
Screen Use

# Year 1

Personal  
Development  
Programme

## Enrichment Activities

### AUT 1

Trip around  
the village.

Autumn watch

### AUT 2

Santa Fun  
Run  
Bodmin train  
ride to meet  
santa.

Autumn walk  
Christmas  
Performance  
Christingle

### SPR 1

Virtual visit to  
Grace Darling  
Museum

### SPR 2

WBD  
Science SLD  
Trip to  
heligan  
Growing  
Beans

Easter Church  
visit

### SUM 1

### SUM 2

Newquay  
Lifeboat trip

# Year 1

Personal  
Development  
Programme

**SMSC**

## AUT 1

Recycling  
Week  
activity hour  
(BIFA/St  
Dennis  
incinerator)

Harvest  
Festival  
(collecting  
for  
Foodbank)

## AUT 2

Late Night  
Shopping event

Children in Need

Anti Bullying  
Week

## SPR 1

World Religion  
Day assembly

## SPR 2

St Piran's Day  
assembly

Comic Relief

Easter Church  
visit

## SUM 2

Sports Day

RSPCA  
assembl

## SUM 1

**Year 1**

Personal  
Development  
Programme

**RSHE /  
RHE**

**AUT 1**

**AUT 2**

**SPR 1**

**NSPCC –  
PANTS  
lesson**

**SPR 2**

**SUM 2**

**SUM 1**

# Year 1

Personal  
Development  
Programme

# PSHE

**AUT 1**  
Hello Yellow  
Day for MHAW

Welcome to  
school.

Emergencies  
and getting  
help

**AUT 2**  
Anti bullying  
week.

People who  
care for us.

Rights and  
responsibilit  
ies

**SPR 1**  
Healthy  
Friendships.

NSPCC –  
PANTS  
lesson.

**SPR 2**  
Our health.

Respecting  
others

**SUM 2**  
Big  
feelings

**SUM 1**  
We all have  
feelings

Good and not  
so good  
feelings

# Year 1

Personal  
Development  
Programme

Protected  
Characteristics

## AUT 1

BHM assembly  
BHM -Reading spine  
- Katherine Johnson  
is the mathematical  
genius  
Disability Awareness  
Day assembly

## AUT 2

Martin  
Holmes  
assembly

## SPR 1

World Religion  
Day assembly

## SPR 2

Martin Holmes assembly  
Reading spine - The same  
but different  
Reading spine - And Tango  
makes three by Justin Richardson  
Reading spine – say please Little  
bear.

## SUM 2

Martin  
Holmes  
assembly

## SUM 1

# Year 1


Personal  
Development  
Programme

## British Values

**AUT 1**  
School Council

Rules for  
Life and  
Behaviour  
Policy

**AUT 2**  
Remembrance  
Day

- **Democracy:** Teaching children the importance of their own and others' opinions and giving them opportunities to make choices, such as voting on a class activity or story.
- **The rule of law:** Helping children understand that rules and laws protect everyone and are necessary for a functioning society. This is reinforced by having clear school rules and discussing the consequences of breaking them.
- **Individual liberty:** Encouraging children to make their own choices and decisions in a safe and supportive environment, while also helping them understand their impact on others.
- **Mutual respect:** Promoting the idea of treating others with courtesy and consideration, and fostering positive relationships within the community.
- **Tolerance of different faiths and beliefs:** Teaching children to understand, appreciate, and respect those who have different faiths, races, cultures, and beliefs. 

**SPR 1**  
World Religion  
Day assembly

**SPR 2**

**SUM 2**

**SUM 1**  
E-scooters  
assembly from  
the police

# Year 1

Personal  
Development  
Programme

Careers  
+ Aspiration

## AUT 1

Cup  
Assembly+  
HT cert

## AUT 2

Spaceport  
Cornwall  
assembly

International  
volunteer day  
assembly

Cup Assembly+  
HT cert

## SPR 1

Cup  
Assembly+ HT  
cert

## SPR 2

Science  
Week

Cup  
Assembly+  
HT cert

## SUM 2

Cup  
Assembly+  
HT cert

## SUM 1

Being a  
lifeboat person  
or lifeguard  
from our visit.

Cup  
Assembly+  
HT cert