

Roche CP School's Personal Development Programme



2025-2026

Key

SMSC – Social Moral Spiritual Cultural Education

RSHE – Relationships Sex Health Education

RHE – Relationships Health Education

PSHE – Personal, Social, Health, Economic Education

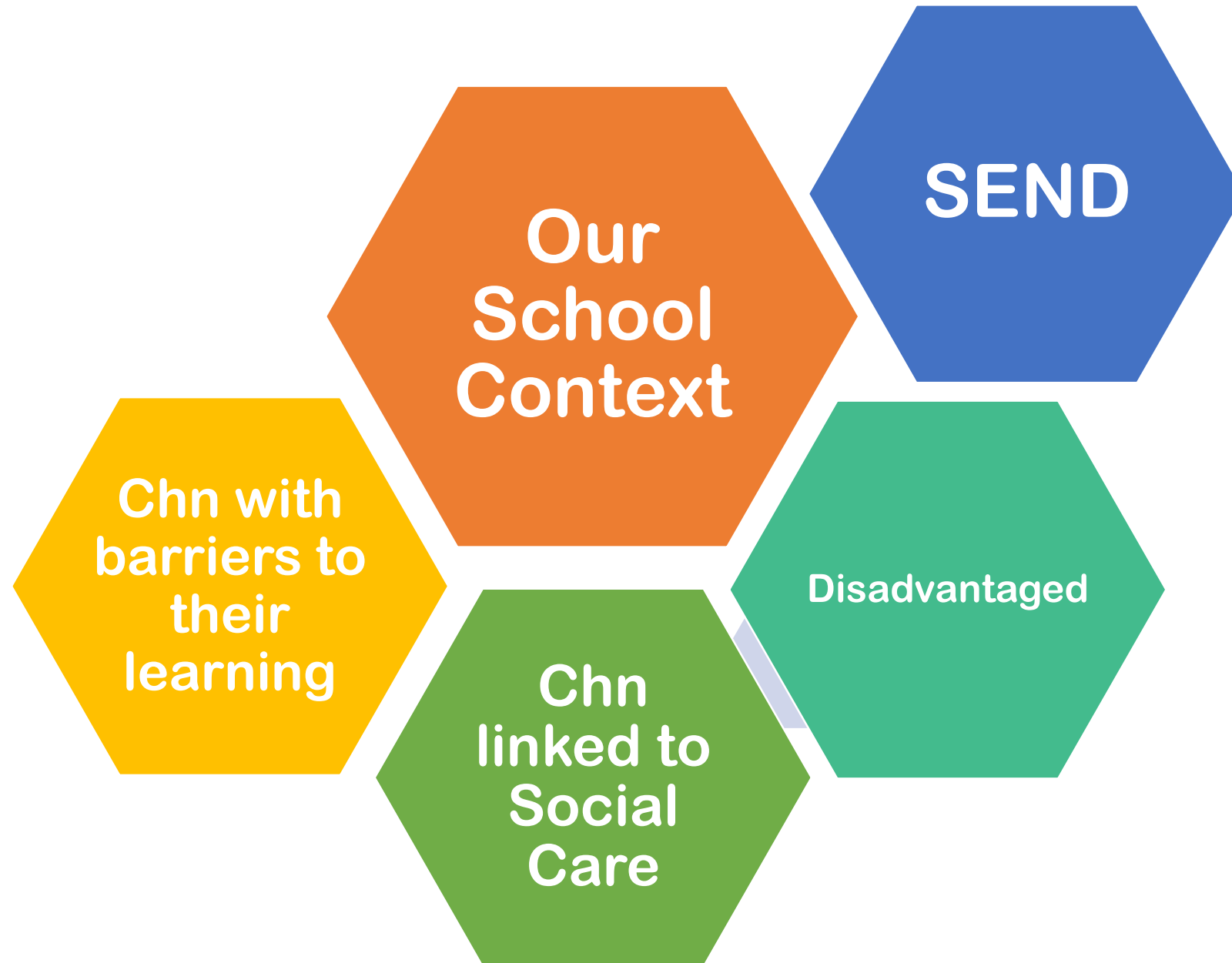


Our School Rules are...

Rules for Life

- ✓ Show good manners at all times.
- ✓ Follow instructions with thought and care.
- ✓ Care for everyone and everything.

Our Personal Development Programme is an entitlement for every pupil.

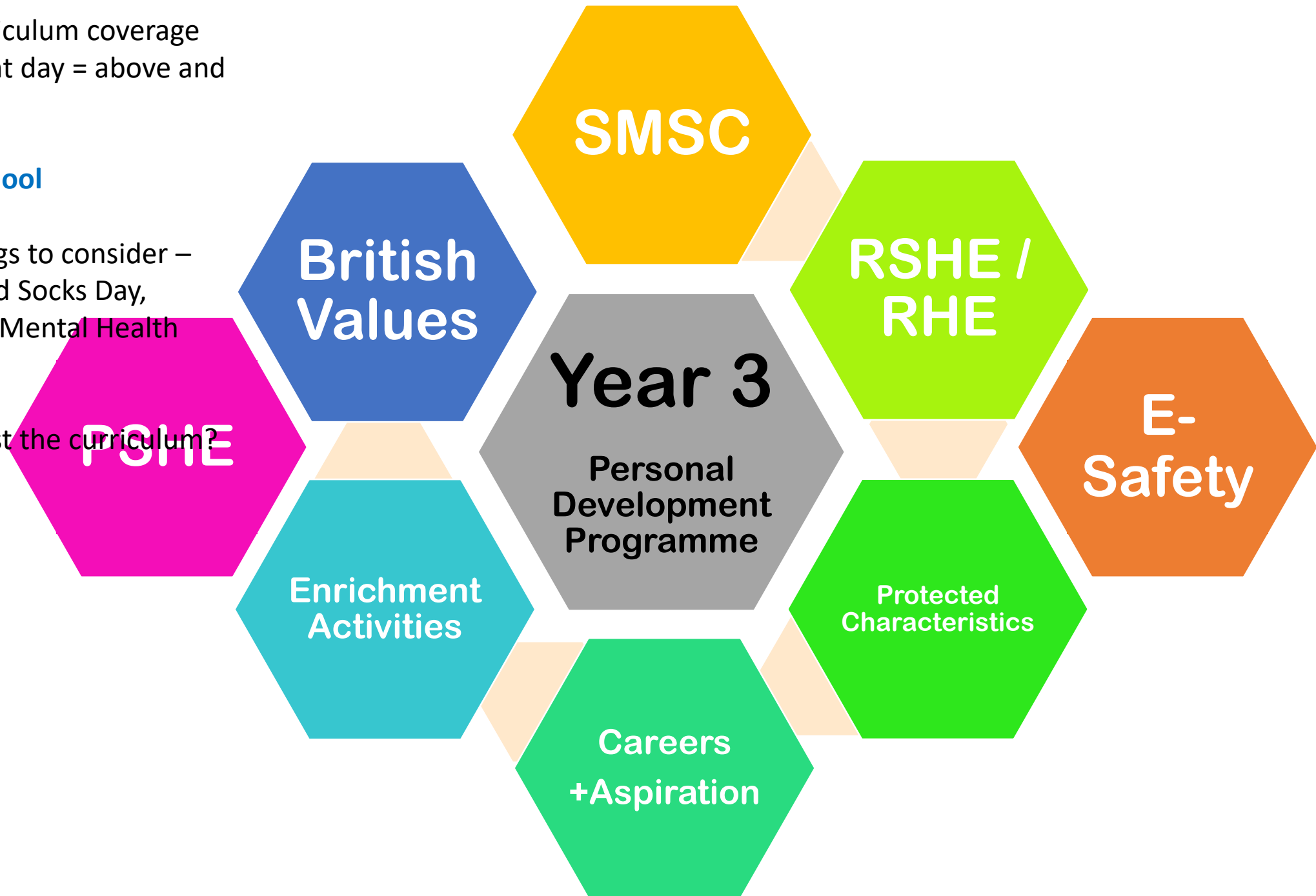


SLD = curriculum coverage
Enrichment day = above and beyond!

Whole school

More things to consider –
Easter, Odd Socks Day,
Children’s Mental Health
Week

Is PSHE just the curriculum?



Year 3

Personal
Development
Programme

E-Safety

Natterhub

AUT 1

Affect Reflect

When Screen Time
Goes On Too Long

AUT 2

Making New
Friends Online

Buy or Sell

SPR 1

Safer Internet Day
assembly

Real-life and Online
Identity

SPR 2

Identifying Information

Choose Wisely: Should
I share?

Other People's
Projects

SUM 2

Plotting the
Right Path

Trust Tips

SUM 1

Look Closely

Right or Wrong?

Year 3

Personal
Development
Programme

Enrichment Activities

AUT 1
Owl
Sanctuary

SLD –
subject/cove
rage TBC
Computing
SLD

AUT 2
Santa Fun
Run

Wheal
Martyn Rock
workshop

SPR 1
Castle An
Dinas

Science SLD
Forces and
Magnets

SPR 2
WBD
Science SLD

Super
Learning Day –
design/make
biscuits
(linked to DT)

ASONE
songfest

SUM 1
Trip to RCM,
Truro (History)

Romans
Enrichment
Day

Art SLD
Computing
SLD

SUM 2
Porthpean
Camp

Year 3

Personal
Development
Programme

SMSC

AUT 1

Recycling Week
activity hour
(BIFA/St Dennis
incinerator)

Harvest Festival
(collecting for
Foodbank)

AUT 2

Late Night
Shopping event

Children in Need

Anti Bullying
Week

SPR 1

World Religion
Day assembly

SPR 2

St Piran's Day
assembly

Comic Relief

SUM 2

Porthpean
Camp

SUM 1

Year 3

Personal
Development
Programme

**RSHE /
RHE**

AUT 1
Christianity:
What do
Christians learn
from the
Creation Story?

AUT 2
Christianity - What is
it like for someone to
follow God?

SPR 2
Christianity – Why
do Christians call
the day Jesus died
'Good Friday'?

SPR 1
Christianity – How
and why do people
mark the
significant events
of life?

SUM 2
Hinduism:
What does it
mean to be a
Hindu in
Britain today
?

SUM 1
Hinduism -
What do
Hindus
believe God
is like?

Year 3

Personal
Development
Programme

PSHE

AUT 1
Hello Yellow
Day for
MHAW
Internet
Safety

AUT 2
Teamwork
Skills and
Road Safety

SPR 2
Everyday
drugs

Strategies to
support well
being

SPR 1
Everyday
Feelings

Expressing
Feelings

SUM 2
Sun safety

SUM 1
World of
Work

Spending
Money

Year 3

Personal
Development
Programme

Protected
Characteristics

AUT 1
BHM assembly

Reading Spine:
Black Music
Greats and
Coming to
England.

AUT 2
Reading Spine:
The
Christmasaurus

SPR 1

SPR 2
Reading Spine:
Sunflower
Sister and
Except When
They Don't

SUM 2

SUM 1

Year 3

**Personal
Development
Programme**

**British
Values**

AUT 1
School Council

AUT 2
Remembrance
Day

SPR 1

SPR 2

SUM 2

SUM 1

Year 3

Personal
Development
Programme

Careers
+ Aspiration

AUT 1

AUT 2

Spaceport Cornwall
assembly

International volunteer
day assembly

SPR 1

SPR 2

Science
Week

SUM 2

SUM 1



Year 3

Personal Development Programme

Connect

5 Ways to Wellbeing

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 3

**Personal
Development
Programme**

**Be
Active**

**5 Ways to
Wellbeing**

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 3

Personal Development Programme

5 Ways to Wellbeing

Take Notice

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 3

Personal Development Programme

5 Ways to Wellbeing

Keep Learning

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 3

**Personal
Development
Programme**

**5 Ways to
Wellbeing**

Give

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1

