

Roche CP School's Personal Development Programme



2025-2026

Key

SMSC – Social Moral Spiritual Cultural Education

RSHE – Relationships Sex Health Education

RHE – Relationships Health Education

PSHE – Personal, Social, Health, Economic Education

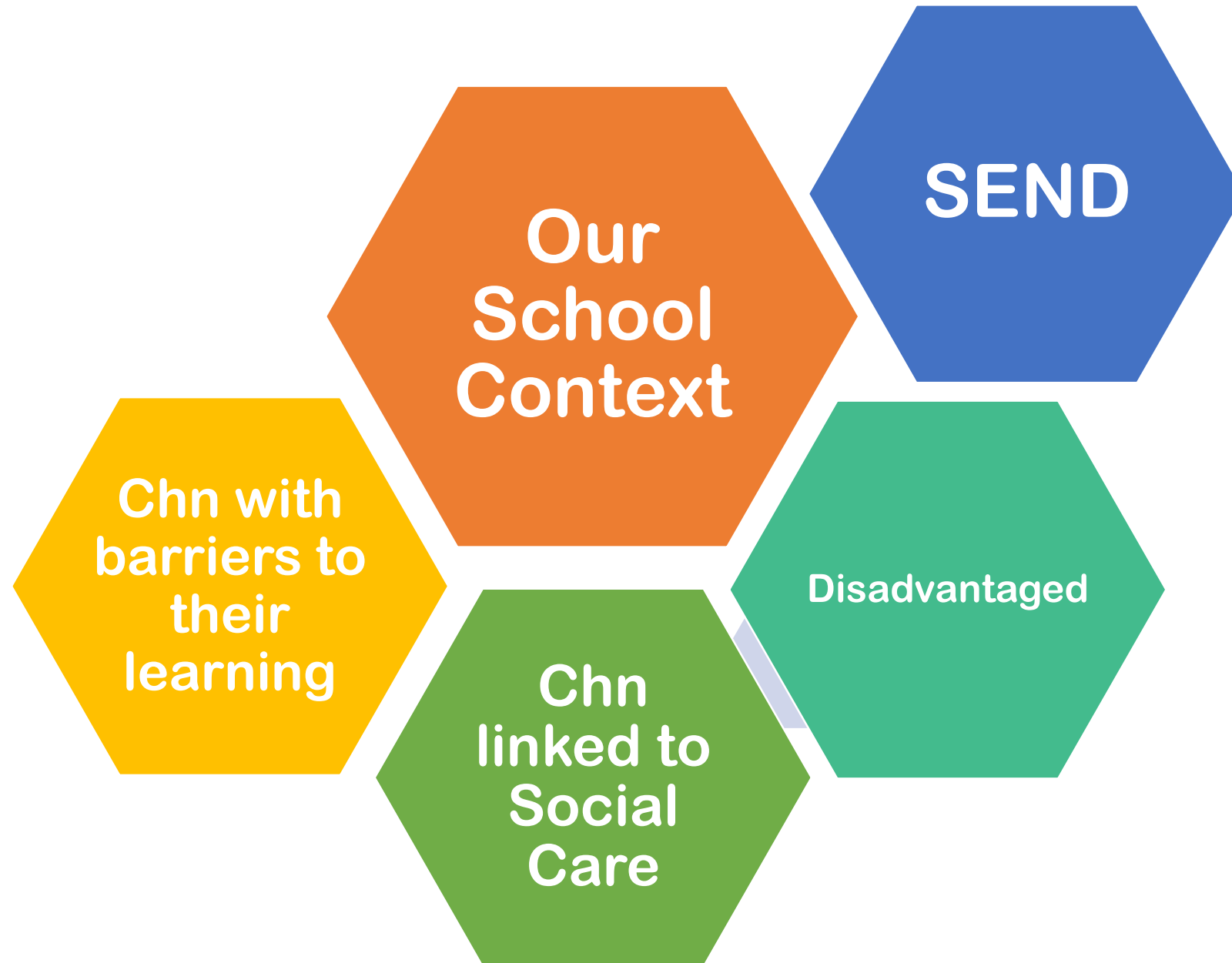


Our School Rules are...

Rules for Life

- ✓ Show good manners at all times.
- ✓ Follow instructions with thought and care.
- ✓ Care for everyone and everything.

Our Personal Development Programme is an entitlement for every pupil.



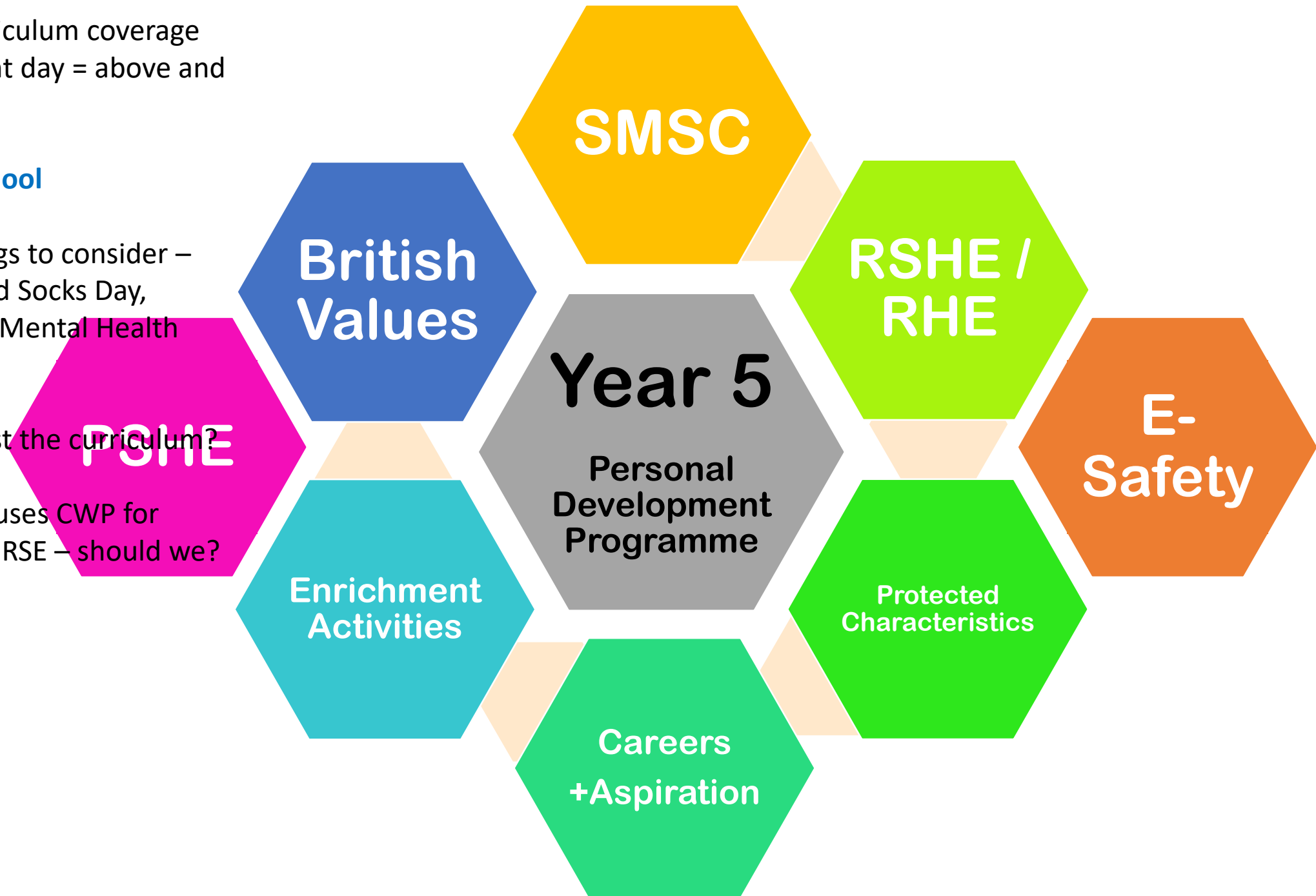
SLD = curriculum coverage
Enrichment day = above and beyond!

Whole school

More things to consider –
Easter, Odd Socks Day,
Children’s Mental Health
Week

Is PSHE just the curriculum?

St Dennis uses CWP for
additional RSE – should we?



Year 5

Personal
Development
Programme

E-Safety

Natterhub

AUT 1
Recognising
Negative
Behaviour

AUT 2
Banter or
Bullying?

Searching
Skills

SPR 1
Online
Identity

Search for
Skills

SPR 2
Project Part
Two: Facts
or Fiction

Intrusive
Apps

SUM 2
Misinformati
on and
Disinformati
on

SUM 1
Feeling Left
Out

Year 5

Personal
Development
Programme

Enrichment Activities

AUT 1
STEM Rocket Building
Day

Cornwall Spaceport

AUT 2
Space Dome

Black out museum

Santa Fun Run

Late Night Shopping

Christingle service in
the church

SUM 1

SPR 1

Bikeability

SPR 2

WBDx
Science SLD

Egg Bashing

Easter Church
visit

SUM 2

Visit a local
café to make
pizzas
Pizza café with
parents

Year 5

Personal
Development
Programme

SMSC

Spiritual, moral, social,
cultural

AUT 1

Recycling Week
activity hour
(BIFA/St Dennis
incinerator)

Harvest Festival
(collecting for
Foodbank)

Reading Spine (The
Last Bear)

AUT 2

Late Night
Shopping event

Children in Need

Anti Bullying
Week

Christingle

SPR 1

World Religion
Day assembly

SPR 2

St Piran's Day
assembly

Comic Relief

Easter Church
visit

SUM 2

Sports Day

RSPCA
assembly

SUM 1

Year 5

Personal
Development
Programme

**RSHE /
RHE**

Relationships, Sex and Health
Education

AUT 1
Brook: Diverse
communities

AUT 2
Anti-Bullying Week
Brook: Respectful
Relationships

SPR 1

SPR 2
Brooke: Physical and
Mental Well-being;
Emotions

SUM 2
Brook: Nutrition and
Healthy Eating;
Puberty 2

SUM 1
Brook: Illness

Year 5

Personal
Development
Programme

PSHE

Personal, social,
health

AUT 1

Hello Yellow Day for
MHAW

Brook Learn: A Diverse
Community

AUT 2

Anti-bullying week

Brook Learn:
Respectful
Relationships

SPR 1

Brook
Learn: Risk
and peer
pressure

SPR 2

Brook Learn:
Physical and
Mental Well-
being; Emotions.

SUM 2

Visit a local café to
make pizzas

Brook Learn:
Nutrition and Healthy
Eating; Puberty 2
(Body Changes)

SUM 1

Brook Learn:
Illness; Spending
Decisions

Year 5

Personal
Development
Programme

Protected Characteristics

age, disability, gender
reassignment, marriage and civil
partnership, pregnancy and
maternity, race, religion or belief,
sex, and sexual orientation.

SPR 2

Reading Spine: The
Boy who made
everyone Laugh.

SPR 1

World Religion Day
assembly

AUT 1

BHM assembly

Reading Spine:
Hidden Figures

Disability
Awareness Day
assembly

AUT 2

SUM 2

Martin
Holmes
assembly

SUM 1

Year 5

Personal Development Programme

British Values

+ relevant PSHE

AUT 1

School Council


Rules for Life and Behaviour Policy

Brook Learn: A Diverse Community

AUT 2

Remembrance Day

Brook Learn: Respectful Relationships

- **Democracy:** Teaching children the importance of their own and others' opinions and giving them opportunities to make choices, such as voting on a class activity or story.
- **The rule of law:** Helping children understand that rules and laws protect everyone and are necessary for a functioning society. This is reinforced by having clear school rules and discussing the consequences of breaking them.
- **Individual liberty:** Encouraging children to make their own choices and decisions in a safe and supportive environment, while also helping them understand their impact on others.
- **Mutual respect:** Promoting the idea of treating others with courtesy and consideration, and fostering positive relationships within the community.
- **Tolerance of different faiths and beliefs:** Teaching children to understand, appreciate, and respect those who have different faiths, races, cultures, and beliefs. 

SPR 1

World Religion Day assembly

SPR 2

Daffodil Delivery for The Hollies, by chd who have shown respect and courtesy in school 2026/27?

SUM 2

SUM 1

E-scooters assembly from the police

Year 5

Personal
Development
Programme

Careers
+ Aspiration

AUT 1

STEM Day with George
Slater

Cup Assembly+ HT cert

AUT 2

Spaceport Cornwall
assembly

International
volunteer day
assembly

Cup Assembly+ HT
cert

SPR 1

Cup
assembly+
HT cert

SPR 2

Science
Week
Cup
assembly +
HT cert

SUM 2

Visit a local café to
make pizzas

Cup assembly+ HT cert

SUM 1

Cup
assembly+
HT cert



5 Ways to Wellbeing



Year 5

**Personal
Development
Programme**

Connect

**5 Ways to
Wellbeing**

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 5

**Personal
Development
Programme**

**Be
Active**

**5 Ways to
Wellbeing**

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 5

**Personal
Development
Programme**

**5 Ways to
Wellbeing**

**Take
Notice**

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 5

Personal Development Programme

5 Ways to Wellbeing

Keep Learning

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1



Year 5

**Personal
Development
Programme**

**5 Ways to
Wellbeing**

Give

SPR 2

SPR 1

AUT 1

AUT 2

SUM 2

SUM 1

