



Newsletter

Friday 8th May



Headteacher Awards Awarded Friday 1st May Reception Class

Heidi got the first award in Reception Class this week. She tried hard in her Phonics lesson on Friday. When she is writing her sounds, she is also trying to make sure they are neat and correctly formed. Keep it up Heidi!

The second award was for Ada. Her writing has progressed so much! She will independently write captions and sentences. Ada uses her Phonics knowledge so well to spell. She has also worked on the size of her writing, which is smaller now.
Well done Ada!

Year 1

Ayla for working hard in Maths and finding half of an object or shape. Well done, keep up the good learning.

Wesley – talking part in our Talk for Writing story “Kassim and the Hungry Fox” Using all the actions and knowing the story.

Year 2

Oliver has impressed me so much with his handwriting. He is trying really hard in both his handwriting sessions and his writing in his book. I've noticed such control and that his letters are starting to be all the same size Fantastic effort Oliver!

Archie is a great role model for the class. He has got the certificate because he is always ready to learn, listens carefully and joins in. Well done Archie!

Year 2 also got a whole class award for their fantastic behaviour and manners on our recent trip to Bodmin Railway. The staff and public commented many times on how brilliant they were and this made us so proud. Well done year 2!

Year 3

Headteacher awards last week went to Ruby, Bethel and Janey. Ruby had a great week both inside and outside the classroom. She gave 100% effort in all lessons and always made the right choices. Keep it up Ruby, it was lovely to see! Janey had a fantastic week in Maths. She persevered when she found things a little tricky and presented her work beautifully. Well done Janey, keep it up! Bethel is a fantastic role model for Year 3, always displays a fantastic learning attitude and is a great friend to everyone in the class. Congratulations to all three girls!

Year 4

Brooke for consistently showing respect in the classroom and treating others with kindness. This week she has committed herself to all aspects of school life, applying particular focus and determination to her learning in maths.

Levi for demonstrating strong engagement in PSHE. He has also maintained excellent focus in English, approaching his work with a positive attitude.

Year 5

Sam for always being on task and writing a fantastic leaflet about Roche School.

Wyatt for working independently and putting a lot of effort into his writing.

Year 6

Valentino, for a great week of learning! He smashed his fraction work and loved his online learning! Ashton, for super PSHE, discussing why certain situations are safe and unsafe or why it might depend.

Attendance



Reception	94.4%
Year 1	95.8%
Year 2	98.3%
Year 3	99.2%
Year 4	95.9%
Year 5	97.4%
Year 6	92.6%



We continue to encourage excellent attendance. Thank you for ensuring children arrive **on time** each morning. Please email : reception@roche.tpacademytrust.org or telephone the school office. If your child is unwell, please notify the school office as early as possible.

DATES FOR YOUR DIARY

DATE	EVENT	
Mon 11th May—Thurs 14th May	Year 6	SATs Week
Friday 15th May	Year 4 Class trip	Maritime Museum
Monday 18th May	Reception Class Trip	Newquay Zoo
Monday 18th May	Return Class Cups	
Thursday 21st May	Year 2 Class Trip	Truro Museum (NEW DATE)
Friday 22nd May	Year 6 Class Trip	Geevor Tin Mine
Friday 22nd May	END OF TERM	May Half Term
Monday 1st June	Return to School	
Thursday 4th June	Year 6 Class Trip	Lyme Regis

Outside of School Activities



Girls Football Tournament

On Tuesday, some of our girls' football team attended a football tournament. For some of our Year 3 girls, this was their first time playing in a match.

It was a great afternoon, with the sun even making an appearance! The girls worked brilliantly as a team and won some games. They represented the school amazingly and should be very proud of themselves.

We would like to say big thank you to Mrs Brown, who successfully applied to Octopus Energy for a new football kit for our school. The girls looked fantastic!



TPAT Girls Football Festival

On Thursday, Mrs Campbell & Mrs Harrison took some of the KS2 girls' football team to Football Festival at Brannel school.

We had a fantastic morning and the girls played so well showing good teamwork. We came runners up out of the 5 schools that attended.

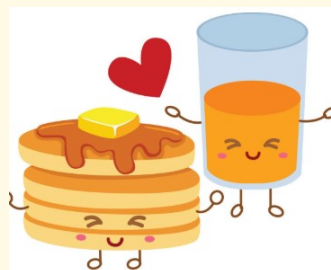
This was a great result!

Well done girls', you represented the school amazingly.

SATs Week

Monday 11^h –Thursday 14th May 2024

Next week (Monday 11th- Thursday 14thth May) is Year 6 SATs week. Year 6 children are invited to arrive at school at 8.20am for a SATs breakfast! We have also arranged a visit to the Park on Friday 15thth May. Please read the letter on Parent Pay and please be sure to email the office if you do NOT wish your child to attend.



Wellbeing

Looking after our mental health is not something we should just do if we are struggling, or feeling low, anxious or stressed. It's actually something we should think about all the time and really invest in, just like with our physical health. Staying on top of our mental wellbeing is good for us now but also helps us manage difficult times in the future. Over time, it can also reduce our risk of physical health problems. There are lots of things we can do to look after our mental health and wellbeing.

Make a start with 7 top tips from the NHS "Every Mind Matters" website at: <https://www.nhs.uk/every-mind-matters/mental-wellbeing-tips/top-tips-to-improve-your-mental-wellbeing/>

This website includes short video clips to support you with mindful breathing, healthy living, how to improve your sleep health and how to reframe negative thoughts.



Our Year 6 children will be sitting their SATs next week. It is natural for children to feel nervous or anxious about the upcoming tests. This web link gives tips on how to support your child before, during and after SATs week.

<https://thirdspacelearning.com/blog/sats-mental-wellbeing/>

Here are some signs that your child may be feeling stressed or worried:

- **Extreme emotional reactions to small stimuli** – If a child makes a small mistake in their work and their reaction to this is disproportionate, they may be under stress.
- **A desire to not go to school** – If a child is adamant that they 'don't want to go into school' around the time of SATs, stress could be the cause.
- **Stress manifesting as physical problems** -Stomach aches, headaches or other physical complaints could be caused by stress.
- **Low self-esteem** – If you hear a child referring to themselves as 'stupid' or telling themselves that they are 'bad' at certain things, this could be stress talking.
- **Changes in their regular daily patterns** – Sleep & eating times changing could indicate stress.

Not wanting to talk about school work or the SATs – As parents, it is normal to get a response along the lines of "I don't know, some fractions" when you ask what your child got up to at school that day, but if you notice that their answers to this question are becoming less and less thorough, stress could be to blame.

As parents, you know your child best. If you have any concerns, please reach out to the Year 6 team by contacting reception@roche.tpacademytrust.org, and someone will be happy to have a chat with you.



Devon & Cornwall POLICE

PC Alison visited Roche CP School to connect with us about e-scooters. We learnt about their dangers, and how to keep safe around them.



WARNING: it is illegal to ride e-scooters on public land and you must stop immediately

We understand that e-scooters can be considered a fun and convenient way to get around, but currently you are **not allowed** to use them on public land.

It is **illegal** to ride them on pavements, cycle lanes, beach promenades, bridleways or any publicly accessible land, including parks or car parks.

E-scooters can **only** be used on private land with the permission of the landowner.

A Government trial is currently underway around approved rental of e-scooters. Until the legislation is changed, individuals could face a **fine and penalty points** on their driving licence, and the scooter may be impounded.



Follow us



Tips to use your e-scooter safely

- Only use it on **private land** with the landowner's permission.
- Use a bicycle bell or horn to **warn** others that you're riding near to them.
- Wear safety equipment, such as a **helmet**.
- **Be careful** not to get too close to others, as you could be liable to pay injury or damage compensation.

You must stop using your e-scooter on public land immediately. Next time you may be issued with a ticket.



CONNECT

TALK & LISTEN,
BE THERE,
FEEL CONNECTED

BE ACTIVE

DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR MOOD

TAKE NOTICE

REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY

KEEP LEARNING

EMBRACE NEW
EXPERIENCES.
SEE OPPORTUNITIES.
SURPRISE YOURSELF

Give

Your time,
your words,
your presence

YEAR ONE PHONICS SCREENING CHECK MEETING

Dear Parents and Carers,

You are warmly invited to attend our
Year One Phonics Screening Check Meeting
with Mrs Gardner and Mrs Garratt.

We will be giving Parents and Carers
key information about the Phonics
Screening Check that will be happening
in **Summer 2** and what parents can do
to support their child.



DATE:
Wednesday
20th May



TIME:
2:45pm



LOCATION:
Year One
Classroom

We look forward to seeing you
there and working together
to support your child's learning!

From the Year One Team



Follow this link for more information about Phonics Screening:

<https://home.oxfordowl.co.uk/year-1-phonics-screening-check/>

Summer 1 Phonics Group:
Group B + C -Mrs Garratt

Videos:

b- <https://schools.ruthmiskin.com/training/view/4voJKwbC/w9Fq9aj5>

w- <https://schools.ruthmiskin.com/training/view/kkd0ZA9X/5vKoVqVY>

Word Time Fun with Nell 1.2 (3)-<https://schools.ruthmiskin.com/training/view/TE9kVcsk/YWCxWxC6>

Fred Game Farm-<https://schools.ruthmiskin.com/training/view/4KxAUUFj/mGQypuU1>

Red Group- Mrs Little

sh- <https://schools.ruthmiskin.com/training/view/Bt3QPBUK/tn0qe2u8>

ck- <https://schools.ruthmiskin.com/training/view/ajHZEgOa/NDYDtmRR>

Word Time with Elly 1.6 (sh) (1)- <https://schools.ruthmiskin.com/training/view/S7QsZTII/zGeIVF0n>

Speed Minute- <https://schools.ruthmiskin.com/training/view/Ot3ECGuG/rOXZDBpw>

Purple Group- Mrs Kent

Set 2 reading - oo (look)- <https://schools.ruthmiskin.com/training/view/X3N1hTFS/zRiwiJgF>

Red Words - Purple Storybooks (lesson 2)-

<https://schools.ruthmiskin.com/training/view/7YMKkMDM/u8TqG4uR>

SUWR - Big Blob and Baby Blob- <https://schools.ruthmiskin.com/training/view/lqXGiili/r1ykoW0E>

Read and Hold a Sentence Purple (3)- <https://schools.ruthmiskin.com/training/view/DQYOK3mO/WcAzmbO2>

Pink Group- Mrs Gardner

<https://schools.ruthmiskin.com/training/view/3p8je2m7/6JEmi22z>
<https://schools.ruthmiskin.com/training/view/9SvJE41Y/5gvFoATA>
<https://schools.ruthmiskin.com/training/view/fst0fL6v/g26Fy7RB>

Orange Group- Mrs Davis

<https://schools.ruthmiskin.com/training/view/5Rdqfs1W/LvkFeF7z>
<https://schools.ruthmiskin.com/training/view/mTF9NJOE/6kewEKhL>
<https://schools.ruthmiskin.com/training/view/s6pZCFNZ/vtZnNLke>

Yellow Group- Mrs Birch

<https://schools.ruthmiskin.com/training/view/cef4K7RN/6XJCYTxJ>
<https://schools.ruthmiskin.com/training/view/bLarDLQU/iKmxdbmBF>

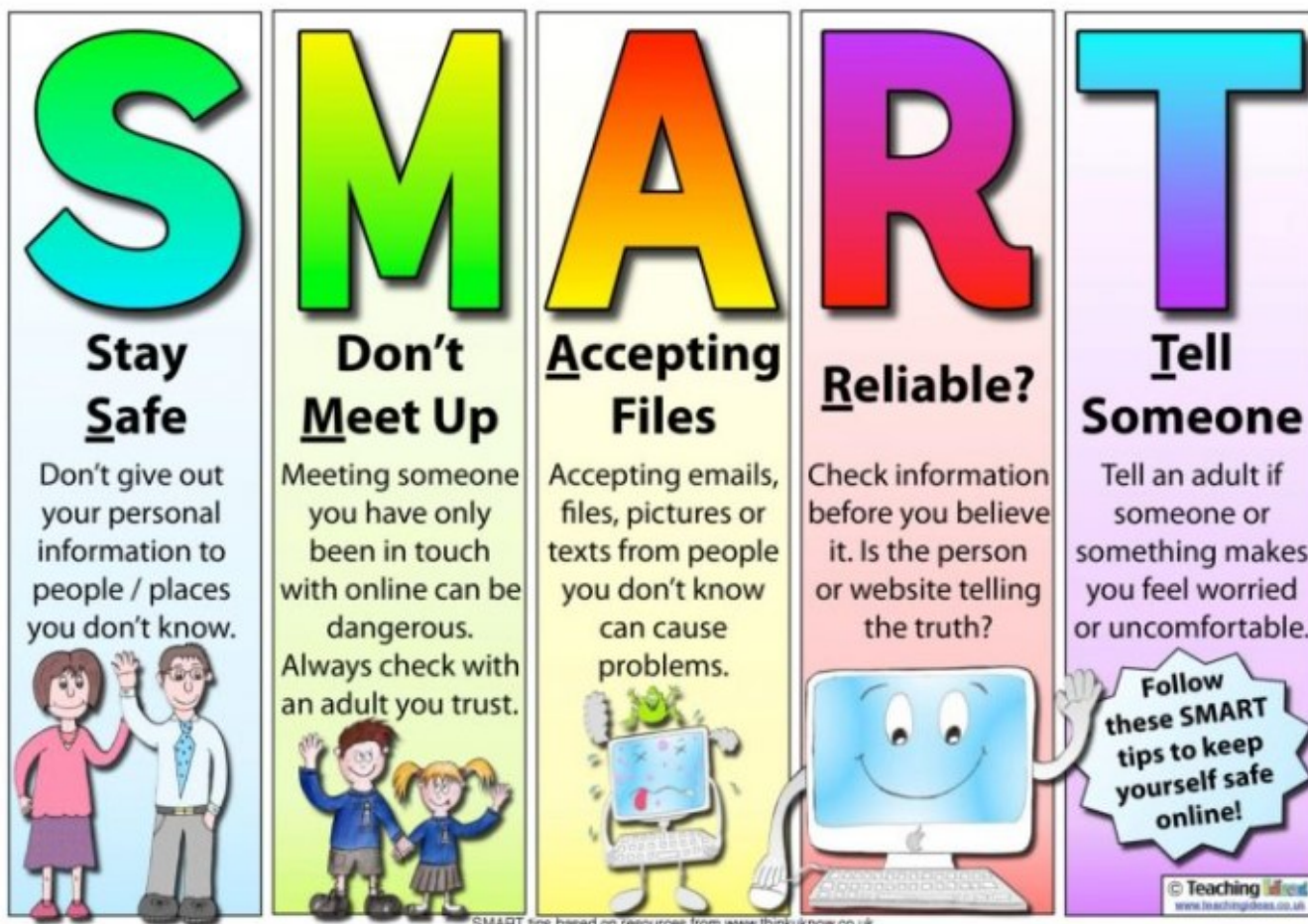
Blue Group- Mrs Grigg

<https://schools.ruthmiskin.com/training/view/6zix7EK/2ZN52N8T>
<https://schools.ruthmiskin.com/training/view/3bODU18L/7PcHqT6W>

Grey Group—Mrs Hill

<https://schools.ruthmiskin.com/training/view/cVKsOK30/4dDRV2j6>
<https://schools.ruthmiskin.com/training/view/GZJ48KXy/1MAZvR3E>

Internet Safety



It is important that you talk to your child about online safety as they are likely to be using a wide range of technologies in their home environments, even before they start school. It is not always easy to know where to start. Below are some useful resources and advice from organisations to support.

NSPCC

Talking to your child about online safety

BBC Online Safety

How to stay safe when you are online and links to lots of useful sites about online safety.

ChildNet

Parents and Carers - Have a Conversation about online safety

LGFL

Online Safety Resources

Cybercafe

A fun place to learn about internet safety.

Don't Be In The Dark

Part of Disney's website. Safe surfing advice for kids, and parents too, presented in a fun way.

Get Safe Online

Online safety advice

Kidsmart

Lots of useful information, games and activities to help you learn and practice your online safety skills. (There are areas for parents and teachers too).

ThinkUKnow

Simple advice and links to further advice on the Internet Safety Zone. This is part of the CEOP (Child Exploitation and Online Pro-